

Lent 2023 - Gospel Reading Plan

- Wednesday, Feb. 22 Matthew 1-2
- Thursday, Feb. 23 Matthew 3-4
- Friday, Feb. 24 Matthew 5-7
- Saturday, Feb. 25 Matthew 8-9

■ Sunday Feb 26 Catch-up

- Monday, Feb. 27 Matthew 10-11
- Tuesday, Feb. 28 Matthew 12-13
- Wednesday, Mar. 01 Matthew 14-16
- Thursday, Mar. 02 Matthew 17-18
- Friday, Mar. 03 Matthew 19-20
- Saturday, Mar. 04 Matthew 21-22

■ Sunday, Mar. 05 Catch-up

- Monday, Mar. 06 Matthew 23-25
- Tuesday, Mar. 07 Matthew 26-28
- Wednesday, Mar. 08 Mark 1-2
- Thursday, Mar. 09 Mark 3-4
- Friday, Mar. 10 Mark 5-6
- Saturday, Mar. 11 Mark 7-8

■ Sunday, Mar. 12 Catch-up

- Monday, Mar. 13 Mark 9-10
- Tuesday, Mar. 14 Mark 11-12
- Wednesday, Mar. 15 Mark 13-14
- Thursday, Mar. 16 Mark 15-16
- Friday, Mar. 17 Luke 1-3
- Saturday, Mar. 18 Luke 4-5

■ Sunday, Mar. 19 Catch-up

- Monday, Mar. 20 Luke 6-8
- Tuesday, Mar. 21 Luke 9-10
- Wednesday, Mar. 22 Luke 11-12
- Thursday, Mar. 23 Luke 13-14
- Friday, Mar. 24 Luke 15-16
- Saturday, Mar. 25 Luke 17-18

■ Sunday, Mar. 26 Catch-up

- Monday, Mar. 27 Luke 19-20
- Tuesday, Mar. 28 Luke 21-22
- Wednesday, Mar. 29 Luke 23-24
- Thursday, Mar. 30 John 1-3
- Friday, Mar. 31 John 4-5
- Saturday, Apr. 01 John 6-7

■ Sunday, Apr. 02 Catch-up

- Monday, Apr. 03 John 8-10
- Tuesday, Apr. 04 John 11-12
- Wednesday, Apr. 05 John 13-15
- Thursday, Apr. 06 John 16-17
- Friday, Apr. 07 John 18-19
- Saturday, Apr. 08 John 20-21

Psalm 22:1-5

¹ My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?

² My God, I cry out by day, but you do not answer,
by night, but I find no rest.

³ Yet you are enthroned as the Holy One;
you are the one Israel praises.

⁴ In you our ancestors put their trust;
they trusted and you delivered them.

⁵ To you they cried out and were saved;
in you they trusted and were not put to shame.

Isaiah 53

1 Who has believed our message
and to whom has the arm of the LORD been revealed?
2 He grew up before him like a tender shoot,
and like a root out of dry ground.

He had no beauty or majesty to attract us to him,
nothing in his appearance that we should desire him.

3 He was despised and rejected by mankind,
a man of suffering, and familiar with pain.
Like one from whom people hide their faces
he was despised, and we held him in low esteem.

4 Surely he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.

5 But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.

6 We all, like sheep, have gone astray,
each of us has turned to our own way;
and the LORD has laid on him
the iniquity of us all.

7 He was oppressed and afflicted,
yet he did not open his mouth;
he was led like a lamb to the slaughter,
and as a sheep before its shearers is silent,
so he did not open his mouth.

8 By oppression and judgment he was taken away.
Yet who of his generation protested?
For he was cut off from the land of the living;
for the transgression of my people he was punished.

9 He was assigned a grave with the wicked,
and with the rich in his death,
though he had done no violence,
nor was any deceit in his mouth.

10 Yet it was the LORD's will to crush him and cause him to suffer,
and though the LORD makes his life an offering for sin,
he will see his offspring and prolong his days,
and the will of the LORD will prosper in his hand.

11 After he has suffered,
he will see the light of life and be satisfied;
by his knowledge my righteous servant will justify many,
and he will bear their iniquities.

12 Therefore I will give him a portion among the great,
and he will divide the spoils with the strong,
because he poured out his life unto death,
and was numbered with the transgressors.
For he bore the sin of many,
and made intercession for the transgressors.



Lent 2023 Gospel Reading Plan. (All Four Gospels in 40 Days)

Lent is the time during which we reflect on the life of our Lord, Jesus Christ. This year I want to challenge you not to give something up for Lent but to take something on.

Inside you will find a suggested reading plan that will help you read through all four the Gospels during the 40 days of Lent (excluding Sundays). The readings are planned so that you can read two or three chapters daily.

There are no readings planned for Sundays, these days are set aside for you to catch up on some of the readings you might have missed during the week or perhaps you can re-read a specific passage again.

The idea of doing these readings is not to hurry through to get to the end; it is to help you focus on Jesus and your relationship with Him. Don't get discouraged if you fall behind this is only a suggested plan. Please feel free to personalise the plan according to your own needs.

The most important thing about following this plan is to make it a spiritual enriching experience and to spend time in God's word.

Hebrews 13:20-21

²⁰ Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, ²¹ equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.