

JESUS IN GETHSEMANE

Matthew 26:36-46

MATTHEW 26:36-46

³⁶ Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." ³⁷ He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful

MATTHEW 26:36-46

38 Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."

39 Going a little farther, he fell with his face to the ground and prayed, "My Father, if it is possible, may this cup be

MATTHEW 26:36-46

40 Then he returned to his disciples and found them sleeping. “Couldn’t you men keep watch with me for one hour?” he asked Peter.

41 “Watch and pray so that you will not fall into temptation. The spirit is

MATTHEW 26:36-46

⁴² He went away a second time and prayed, "My Father, if it is not possible for this cup to be taken away unless I drink it, may your will be done." ⁴³ When he came back, he again found them sleeping, because their eyes were heavy. ⁴⁴ So he left them and went away

MATTHEW 26:36-46

⁴⁵ Then he returned to the disciples and said to them, "Are you still sleeping and resting? Look, the hour has come, and the Son of Man is delivered into the hands of sinners. ⁴⁶ Rise! Let us go! Here comes my betrayer!"



1. In what particular situations is it hardest for you to stay awake?
2. How do you react emotionally and physically when you are facing extreme stress?
3. What friends do you turn to when your world is upside down?

EXPLORE THE PASSAGE

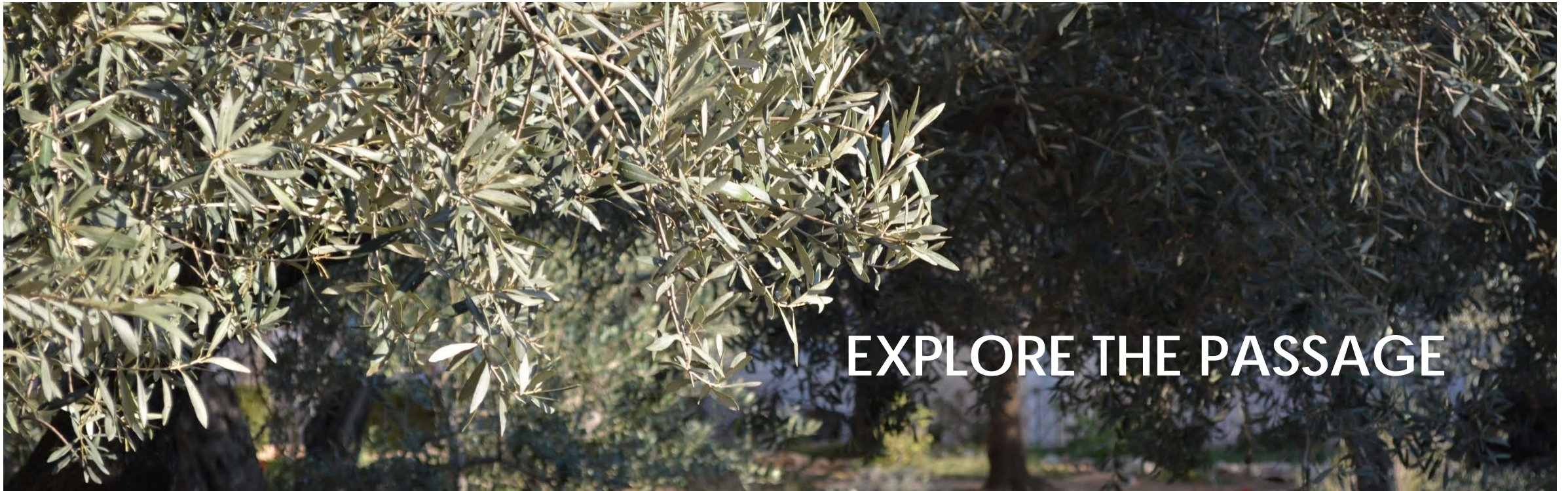


1. Where did Jesus and his companions go and why? (26:36)
2. What was Jesus' state of mind at the time? (26:37)
3. What kind of pain did Jesus confess to his friends? (26:38)

EXPLORE THE PASSAGE



4. When Jesus went a bit further and fell on the ground what did He do? (26:39)
5. What scene greeted Jesus when He returned from praying? (26:40)
6. What kind of warning did Jesus give Peter? (26:40-41)



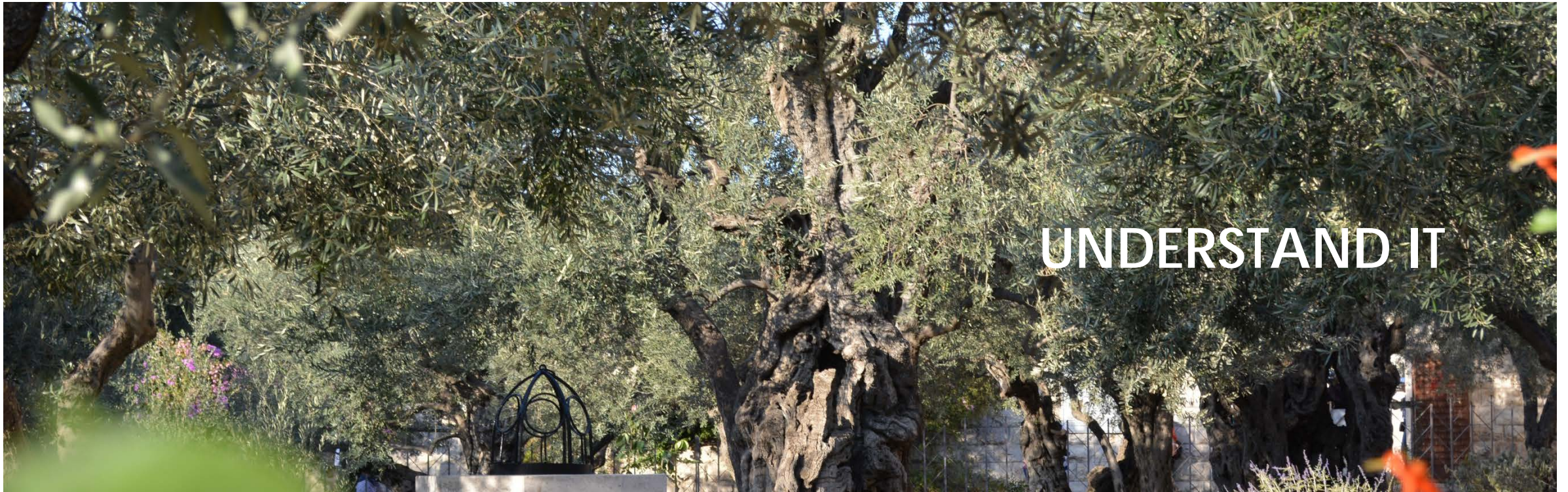
EXPLORE THE PASSAGE

7. How did Jesus react when He found His disciples sleeping a second time? (26:44)
8. When Jesus finished praying, what did He say to His disciples? (26:45)
9. What event happened after Jesus prayed? (26:46)



UNDERSTAND IT

1. Why would it have been advantageous for the disciples to have stayed awake and pray?
2. What is amazing about Jesus' attitude?
3. What generally wins out as you face decisions in life – your feelings or your commitments?



UNDERSTAND IT

4. How might a faithful prayer life keep you strong in the faith?
5. What are barriers to your prayers?
6. How can you improve you prayer life?



APPLY IT

1. How can you be a better friend today to someone who is going through a difficult situation?
2. In what area in your life do you need to say to God, “Your will be done”?